**COUNTRIES & REGIONS** 

### Poland



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**CHAPTER 01** 

## Geography

### Geographic location of Poland

Geographic location of Poland

	Location in degrees and minutes
Cape Rozewie (in the north)	54°50'
Opołonek Peak, Bieszczady (in the south)	49°00'
In the west of Cedynia (in the West)	14°07'
Bug river bed, east of Strzyżów (in the east)	24°09'



### Length of borders in Poland (in kilometers)

Length of Polish borders

	Borders length in km
National border	3572
Land border, of which:	3071
with Russia	210
with Lithuania	104
with Belarus	418
with Ukraine	535
with Slovakia	541
with Czechia	796
with Germany	467
Sea border, of which:	457
with Russia	22
with Germany	22



### Largest lakes in Poland, by area and depth

Largest lakes in Poland, by area and depth

	Area in km2	Depth in meters
Śniardwy	113.4	23.4
Mamry*	102.8	43.8
Łebsko	71.4	6.3
Dąbie	56	4.2
Miedwie	35.3	43.8
Jeziorak	32.2	12
Niegocin	26	39.7
Gardno	24.7	2.6
Jamno	22.4	3.9
Gopło	21.5	16.6



### Longest rivers in Poland (in kilometers)

Longest rivers in Poland

	Total length in km	of which in Poland
Wisła	1022	1022
Odra	840	726*
Warta	795	795
Bug	774	590**
Narew	499	443***
San	458	457****
Noteć	391	391
Wieprz	349	349
Pilica	333	333
Bóbr	279	276



### Highest mountain peaks in Poland (in meters above the sea level)

Highest mountain peaks in Poland

	Elevation above the sea level in meters
Rysy	2499
Mięguszowiecki Szczyt	2438
Świnica	2301
Wołowiec	2064
Kasprowy Wierch	1987
Giewont	1894
Babia Góra	1723
Romanka	1366
Tarnica	1346
Halicz	1333



### Biggest national parks in Poland in 2023 (in hectares)

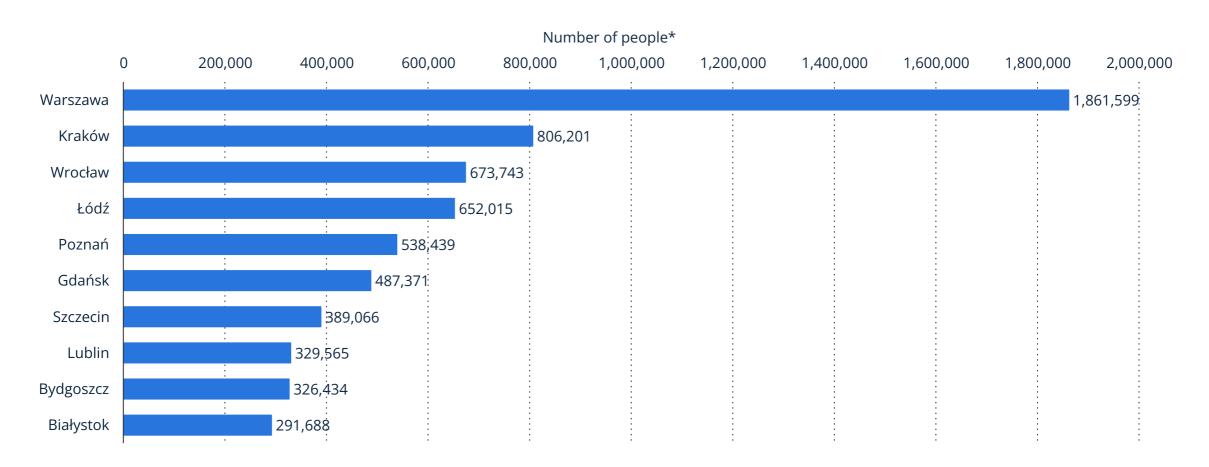
Biggest national parks in Poland 2023





### Largest cities in Poland in 2023, by number of population

Population of the largest cities of Poland 2023



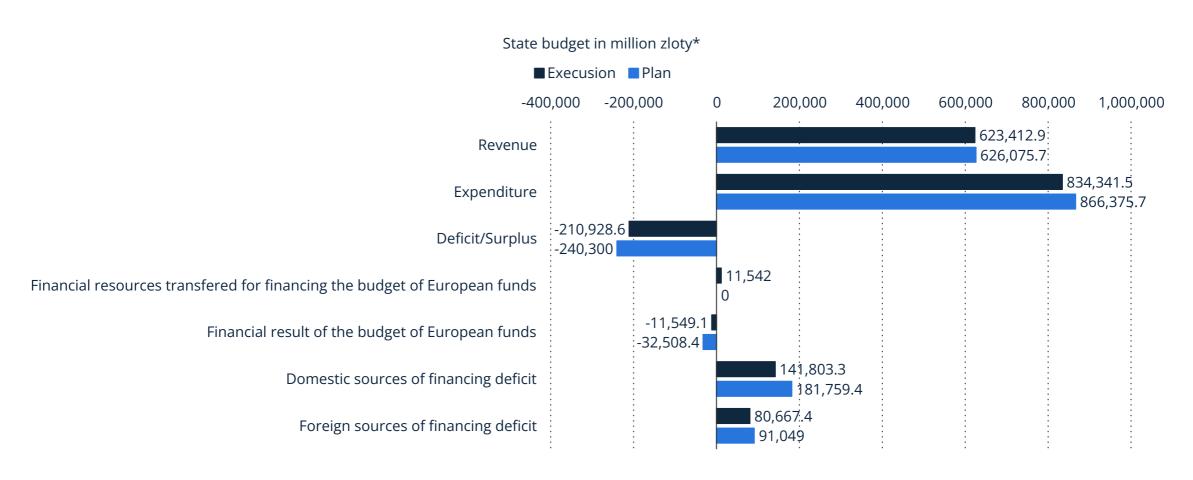


**CHAPTER 02** 

### Government finances

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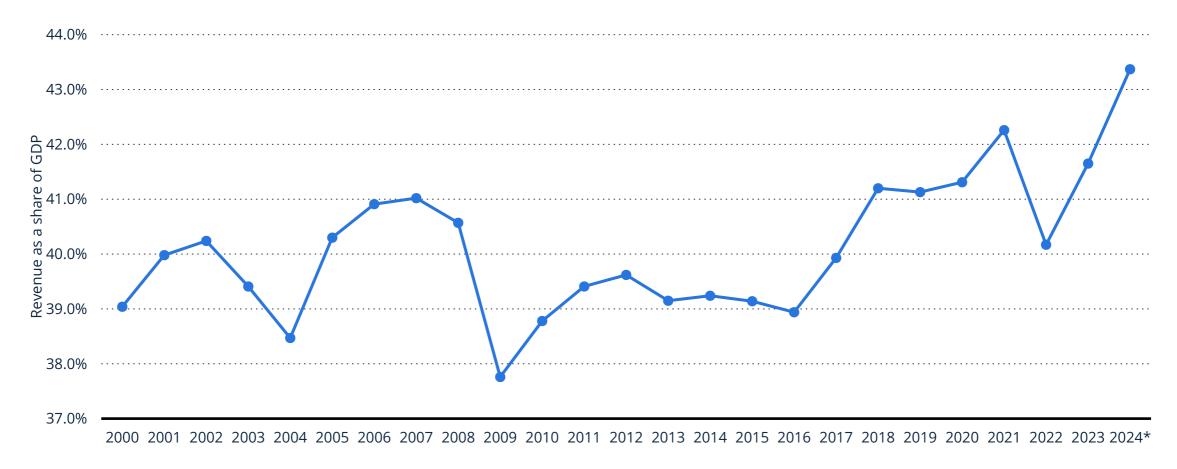
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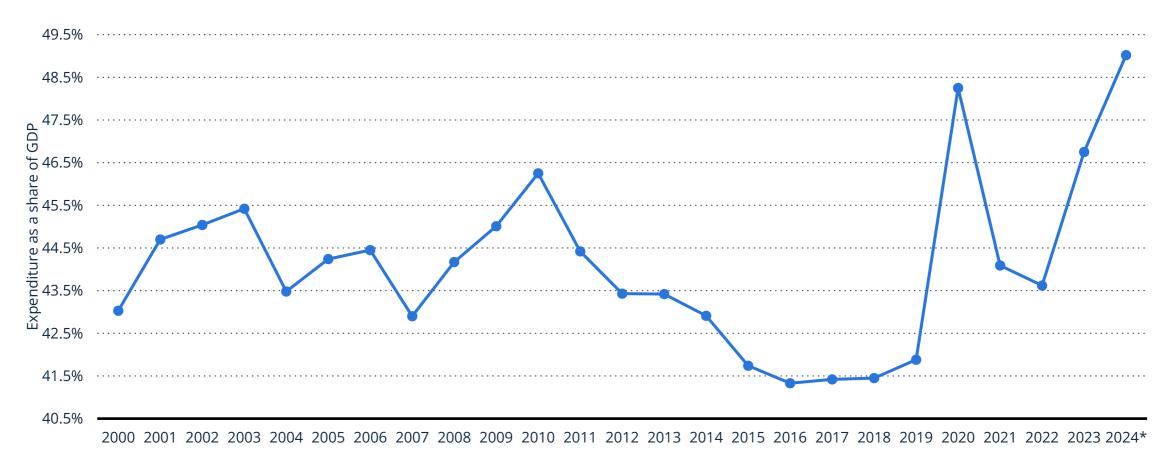
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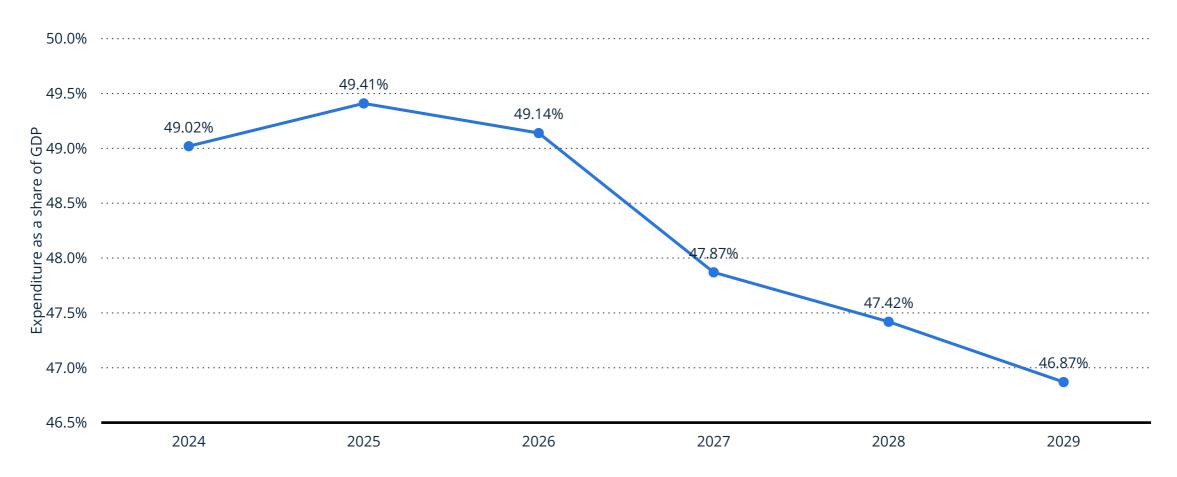
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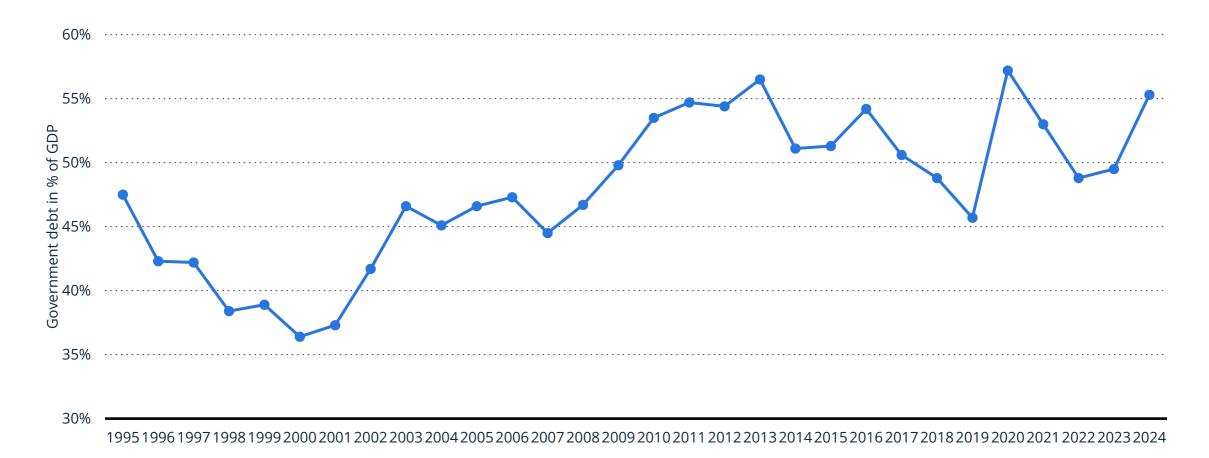
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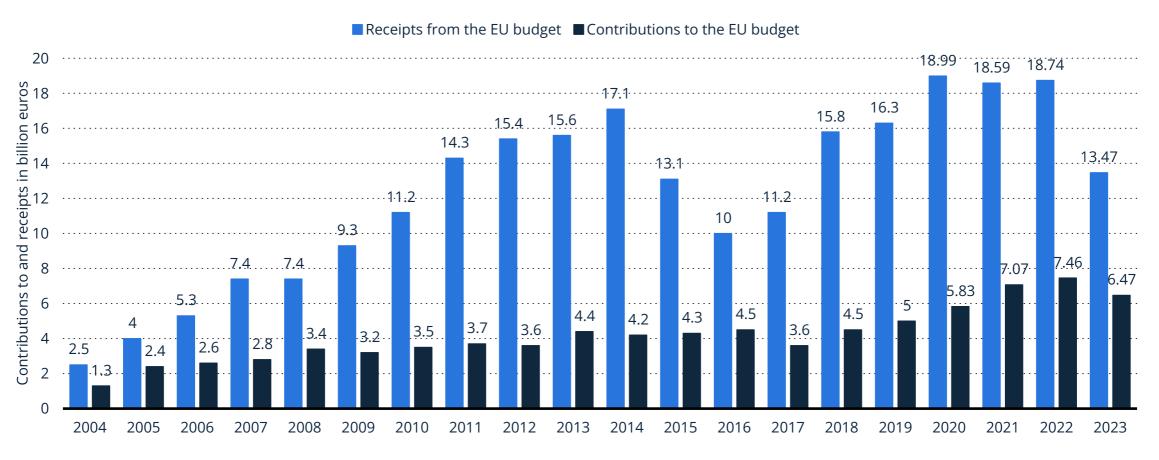
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Poland's contributions to and receipts from the EU budget 2004-2023

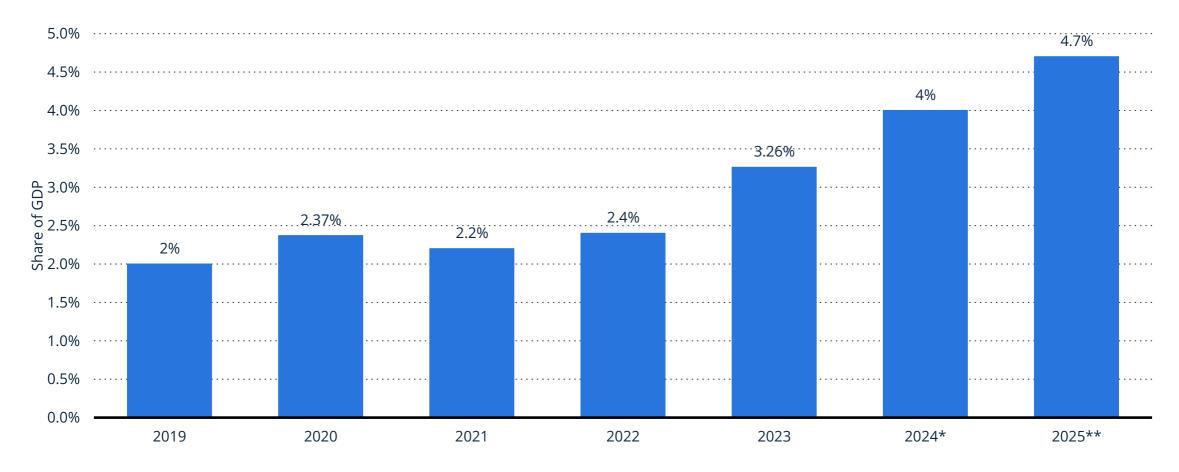




Source(s): Ministry of Finance (Poland)

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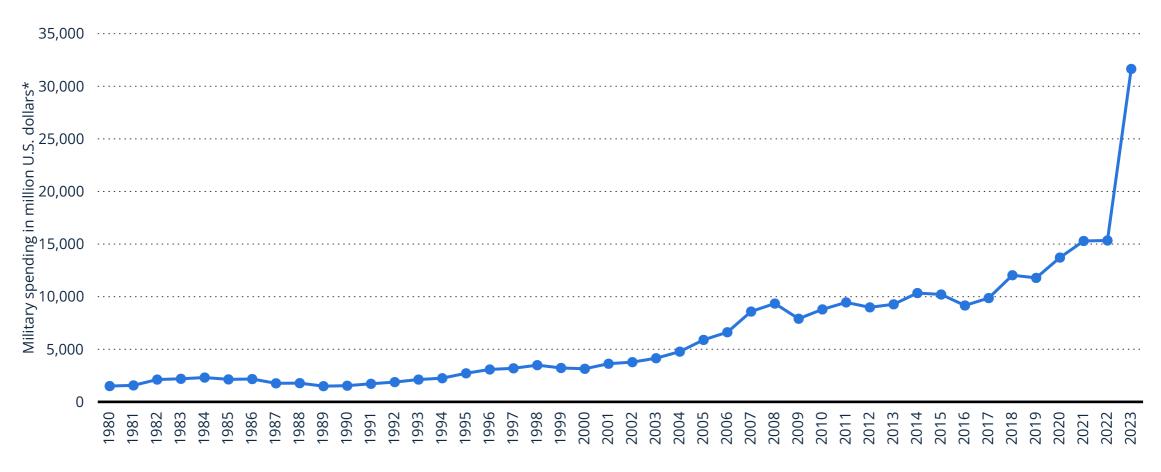
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Military spending in Poland 1980-2023



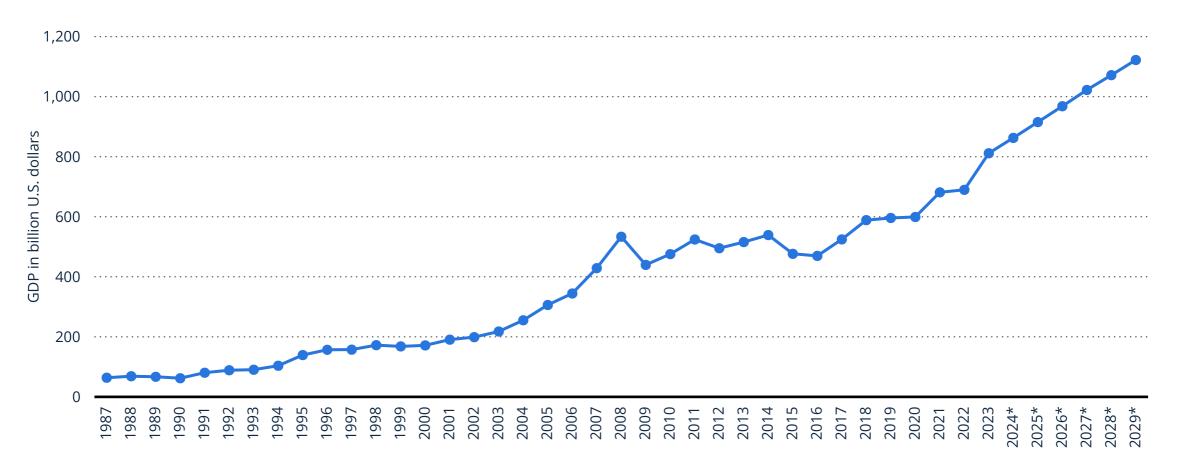


**CHAPTER 03** 

### Economy

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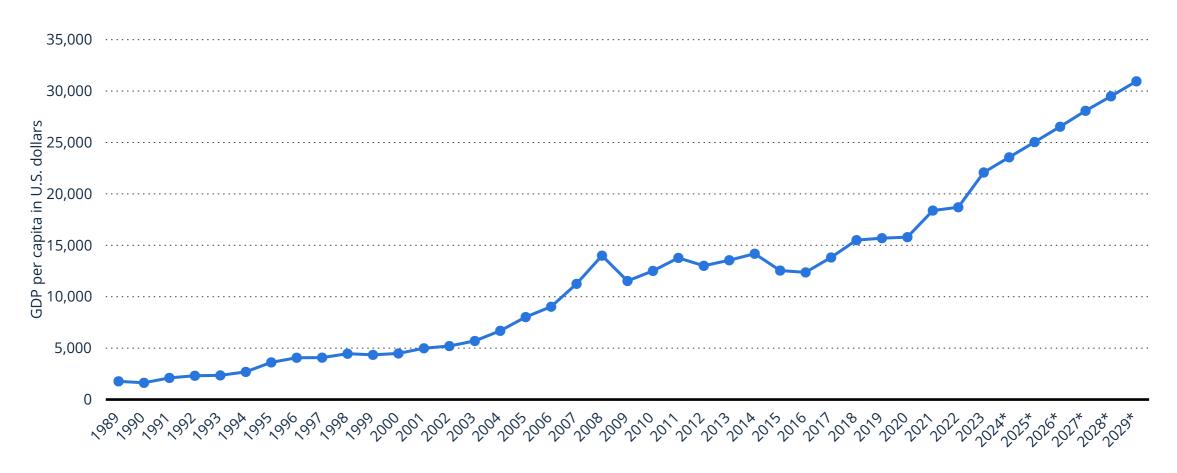
Gross domestic product (GDP) in Poland 2029





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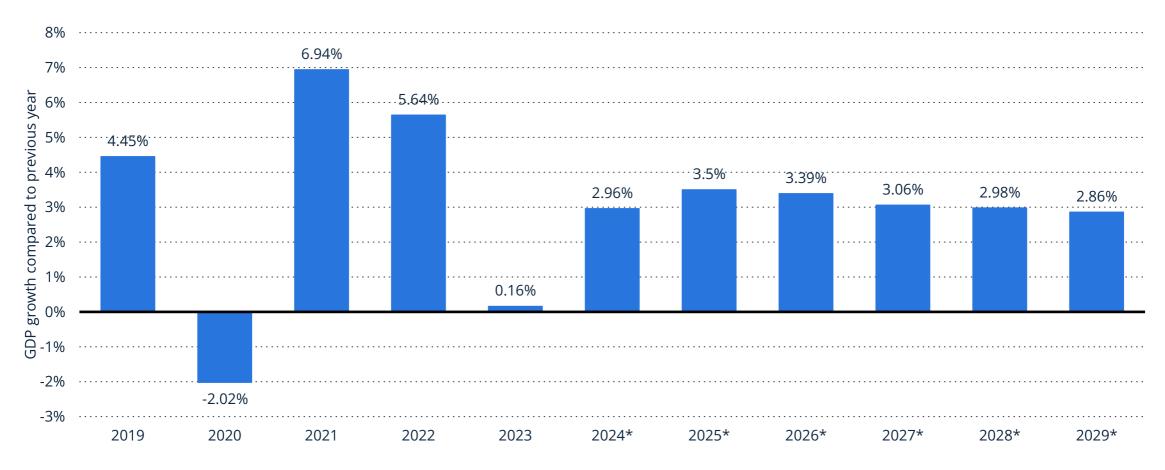
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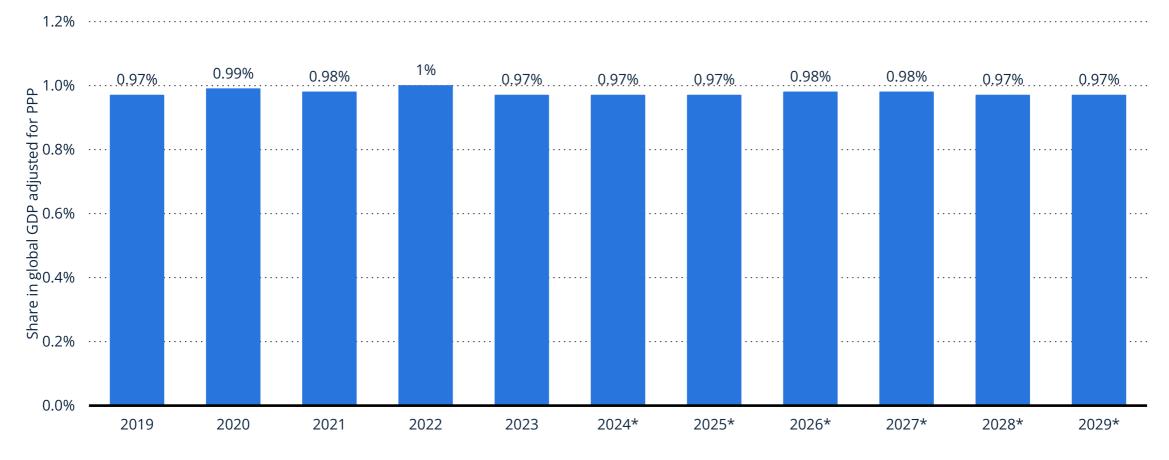
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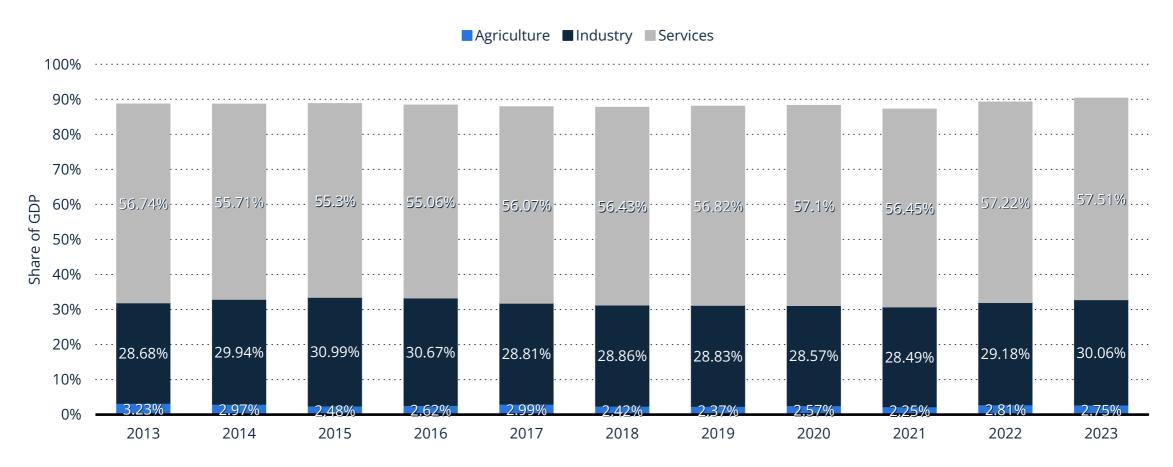
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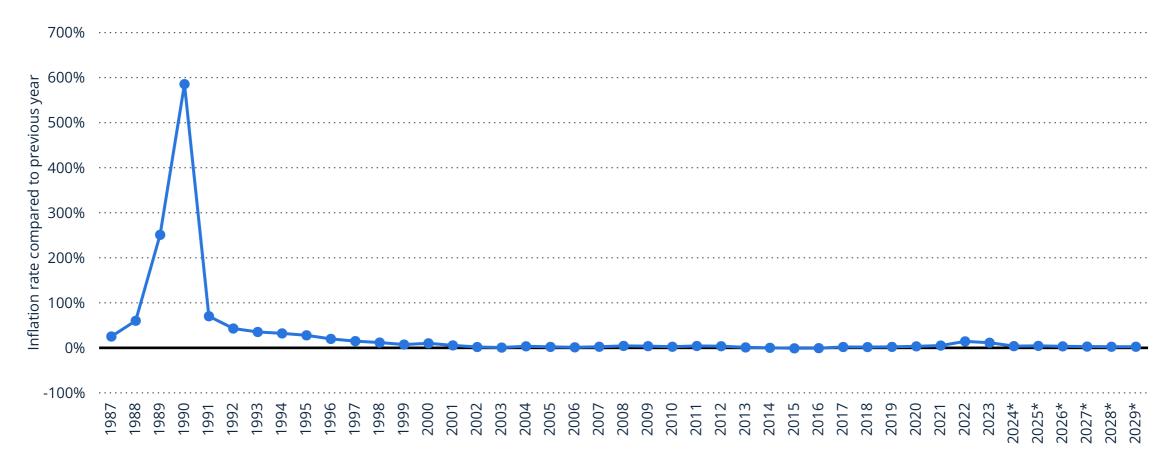
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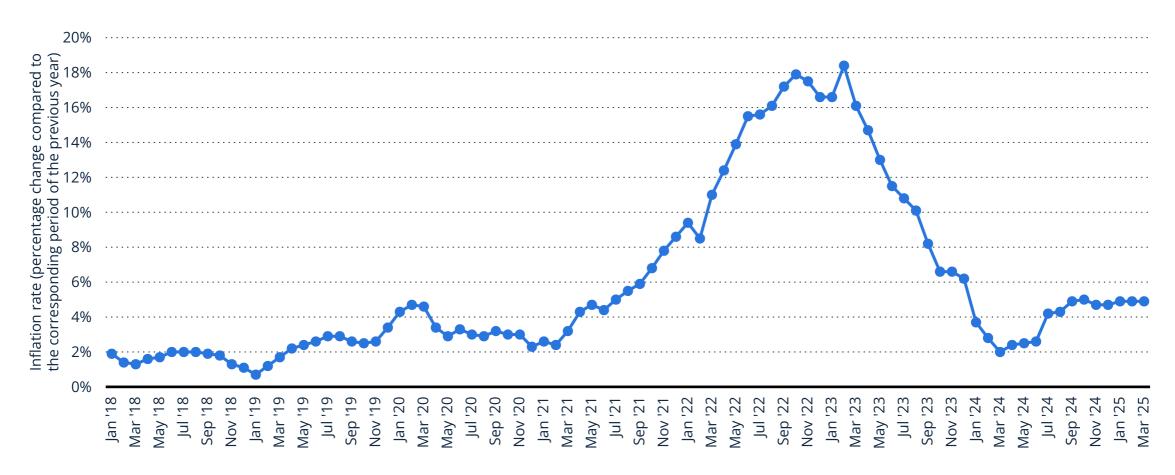
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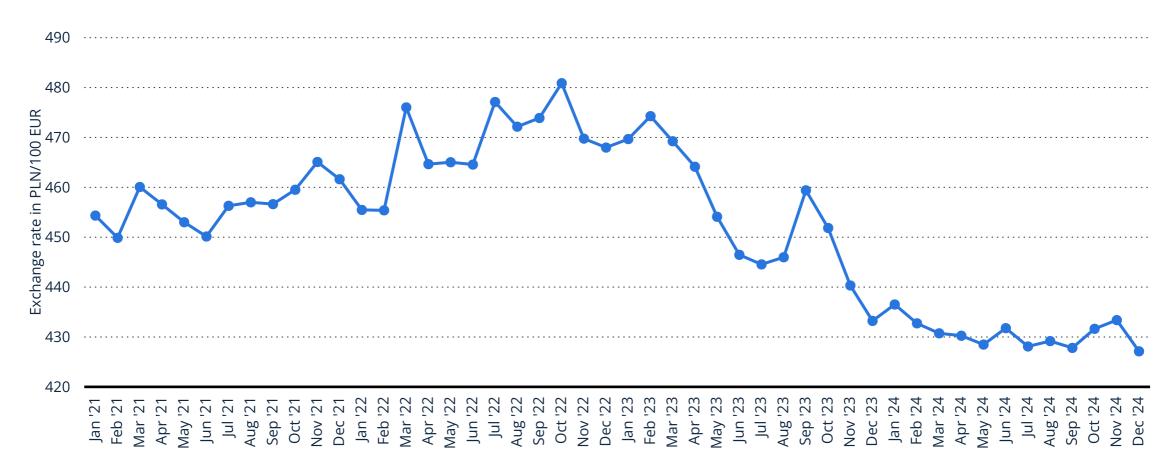
Average PLN/USD exchange rates in Poland 2021-2024





# Average PLN/EUR exchange rates of the National Bank of Poland (NBP) from January 2021 to December 2024 (in zloty per 100 euros)

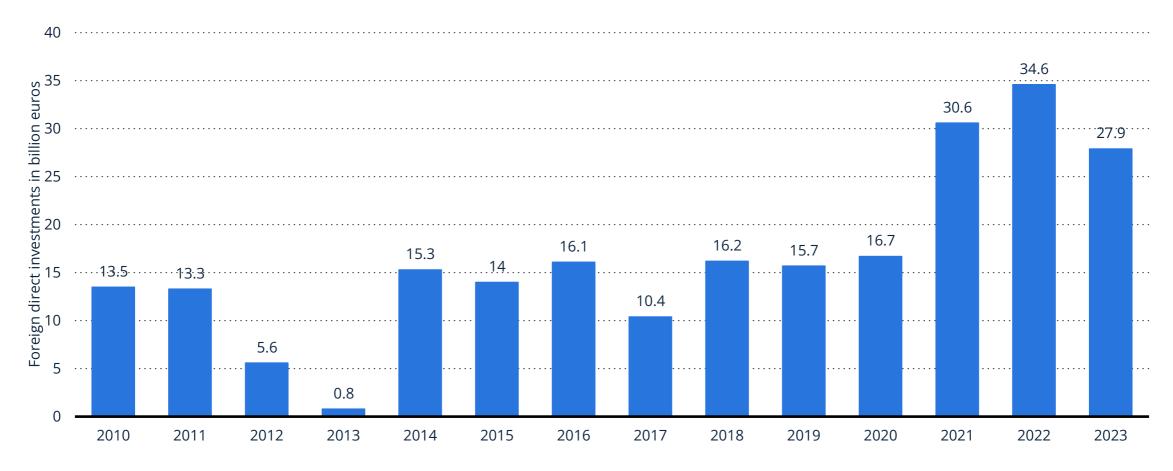
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Foreign direct investments in Poland 2010-2023



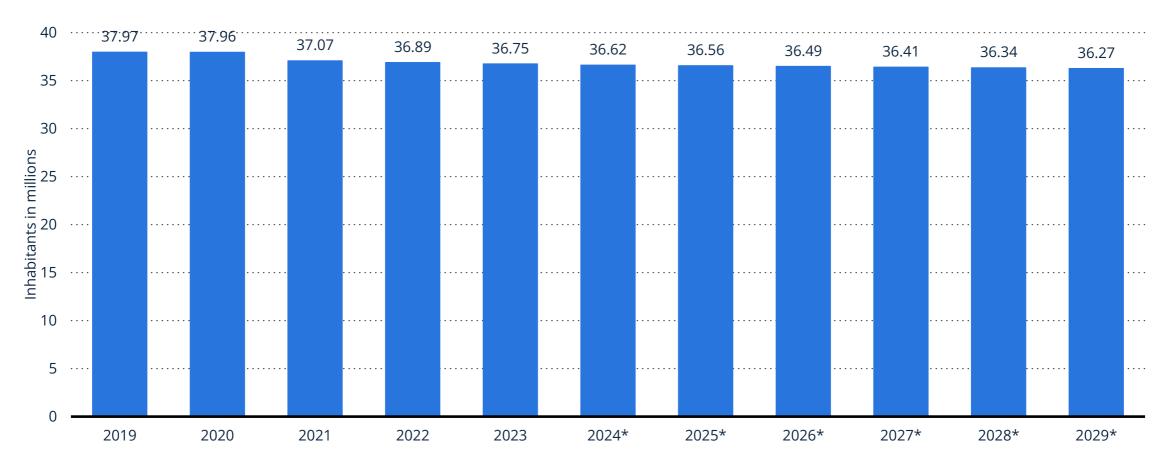


**CHAPTER 04** 

### Demography and society

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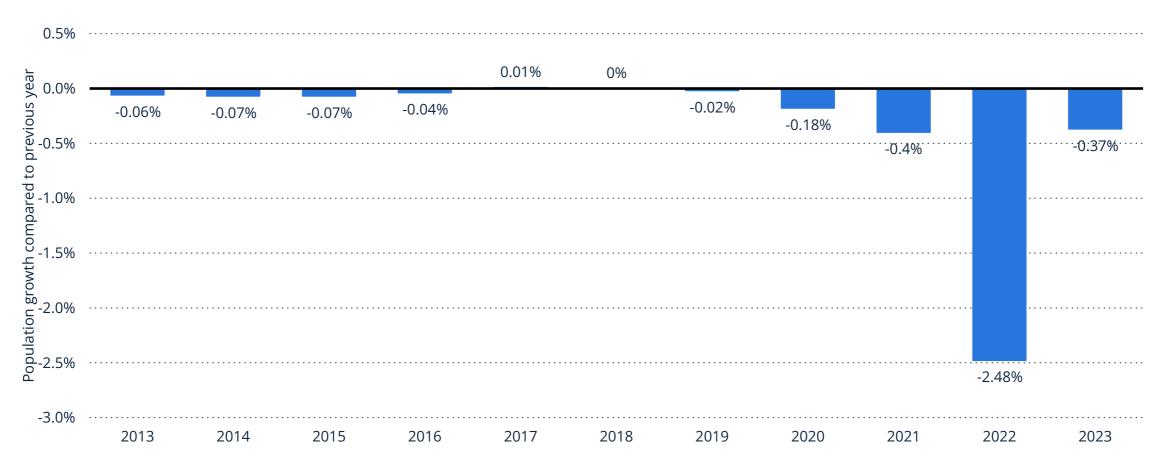
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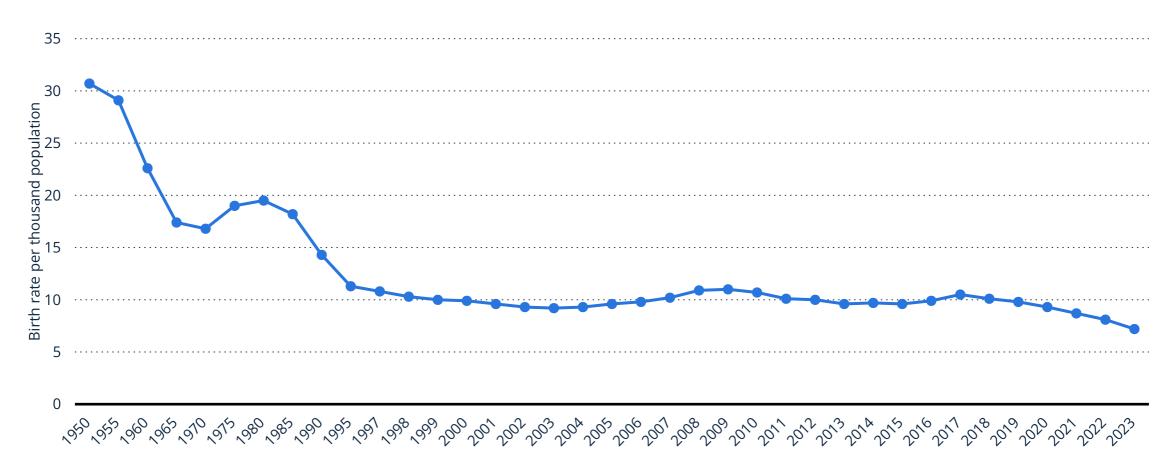
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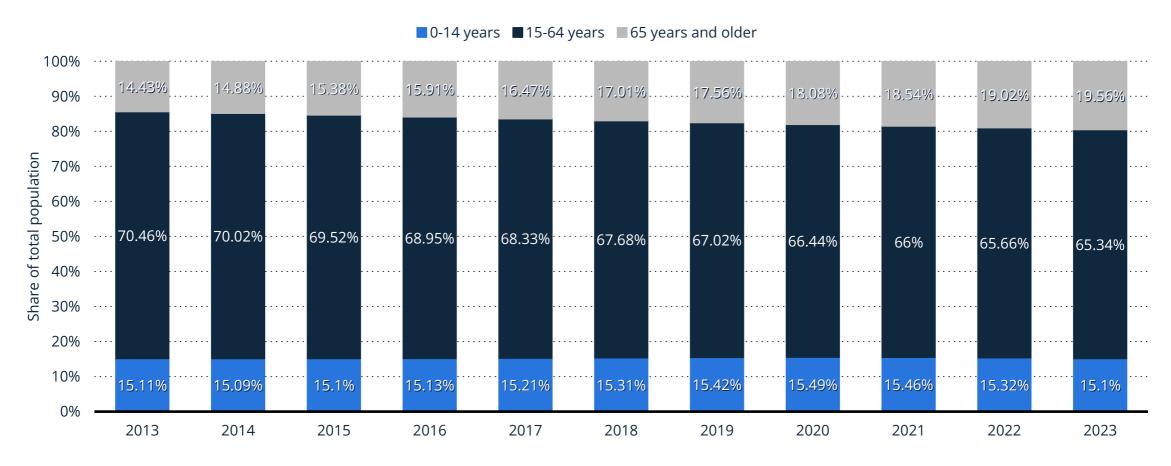
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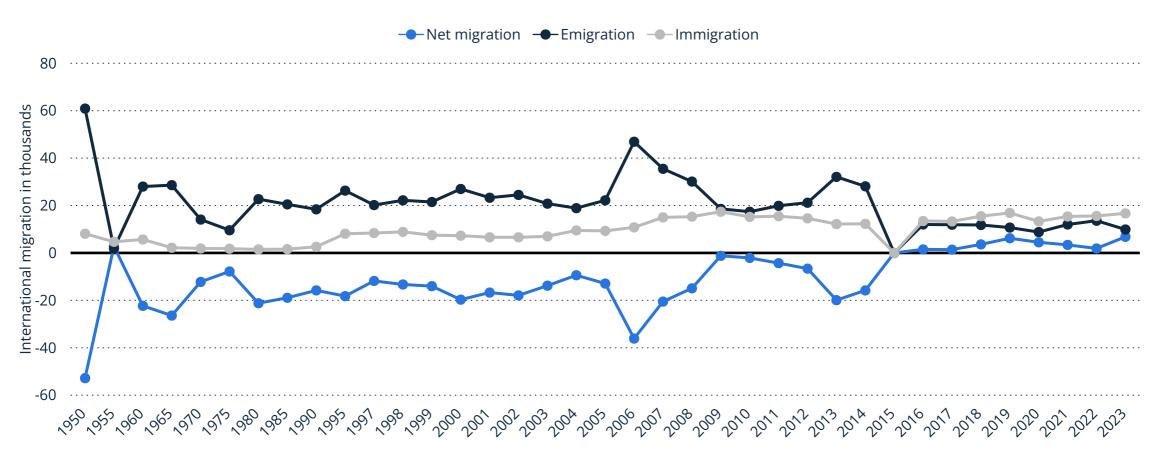
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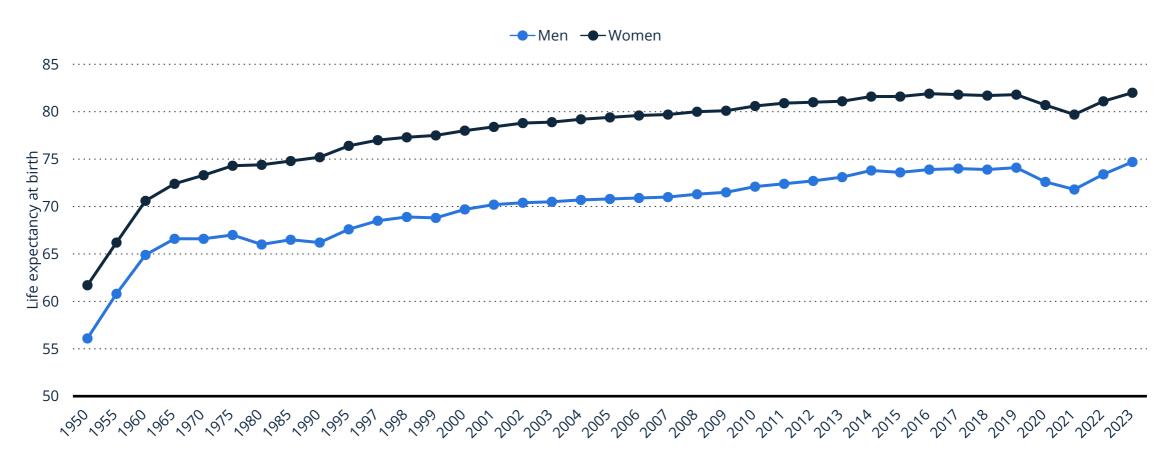
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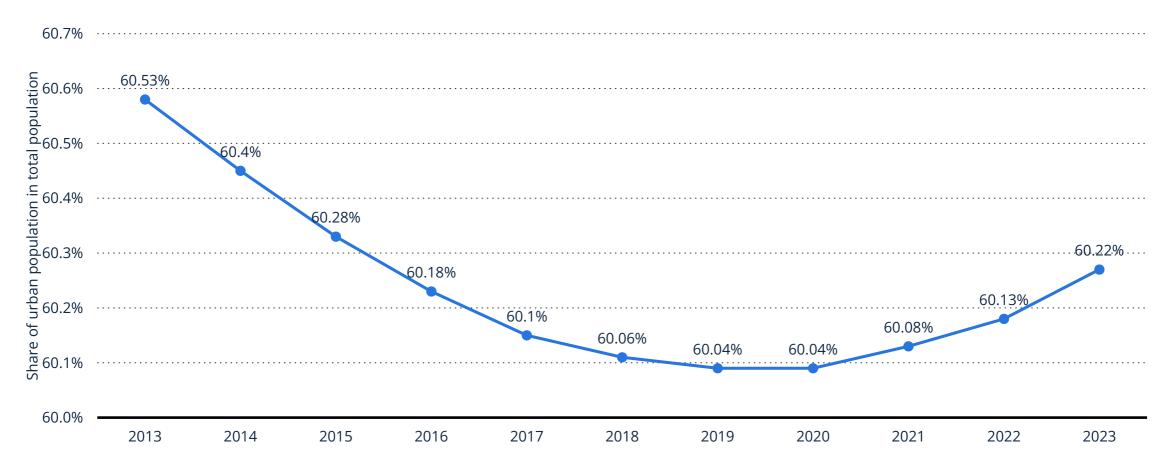
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Urbanization in Poland 2023





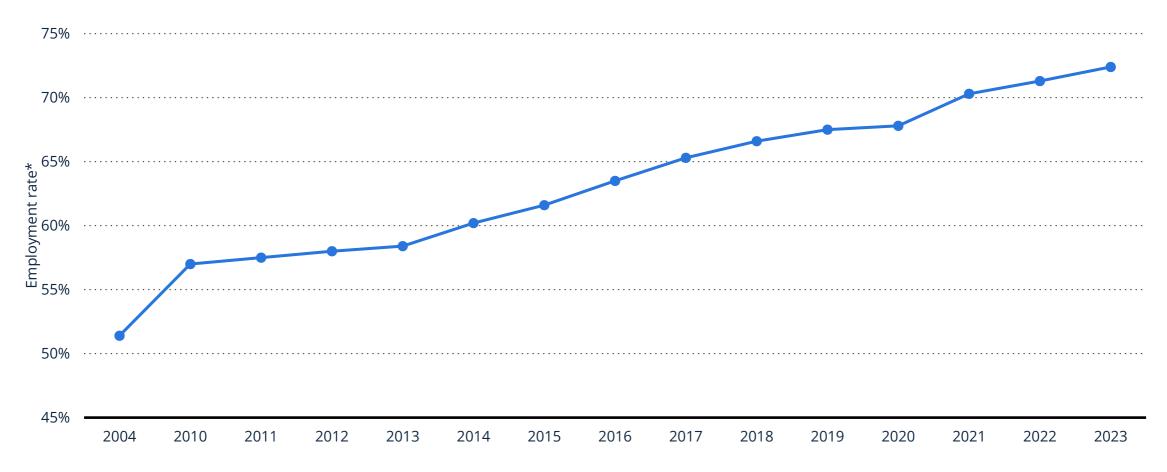
Source(s): World Bank

**CHAPTER 05** 

### Labor market

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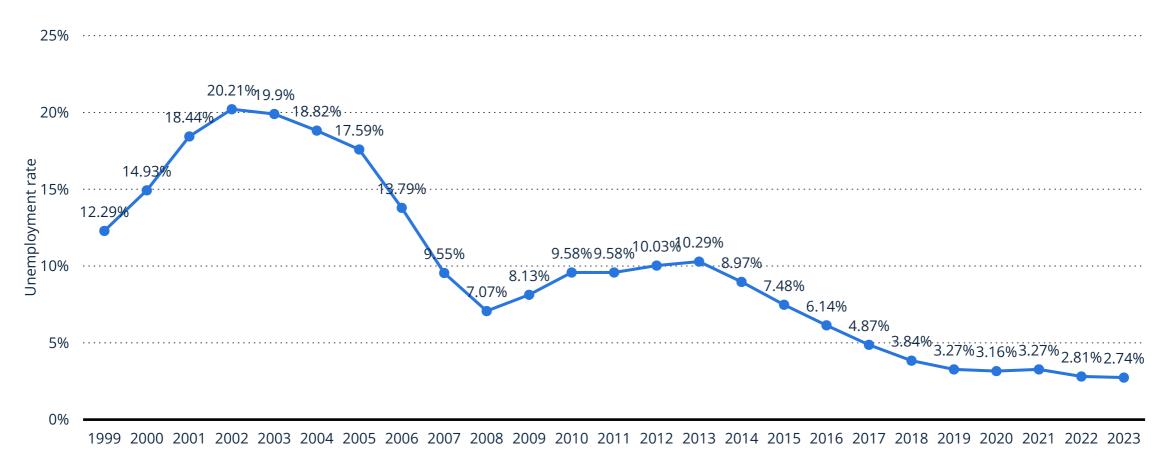
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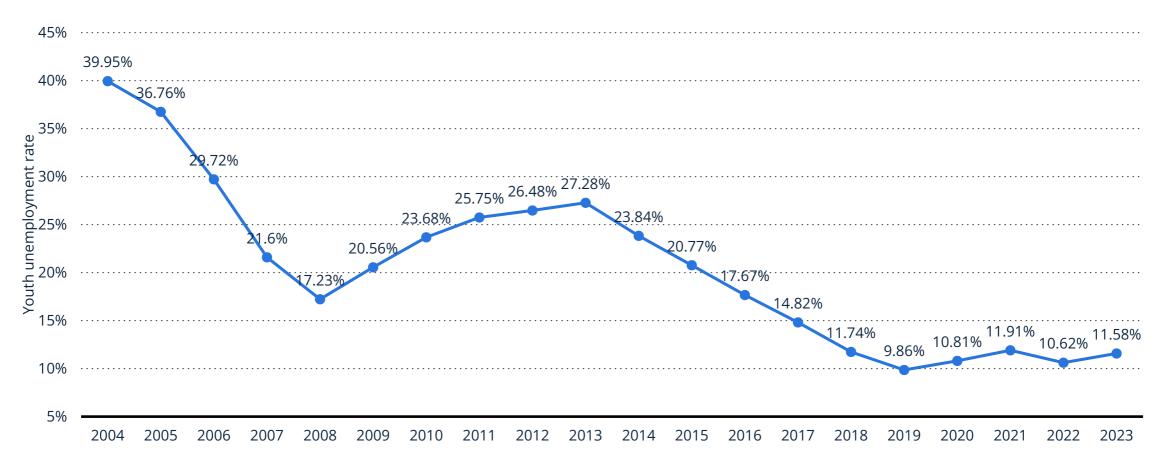
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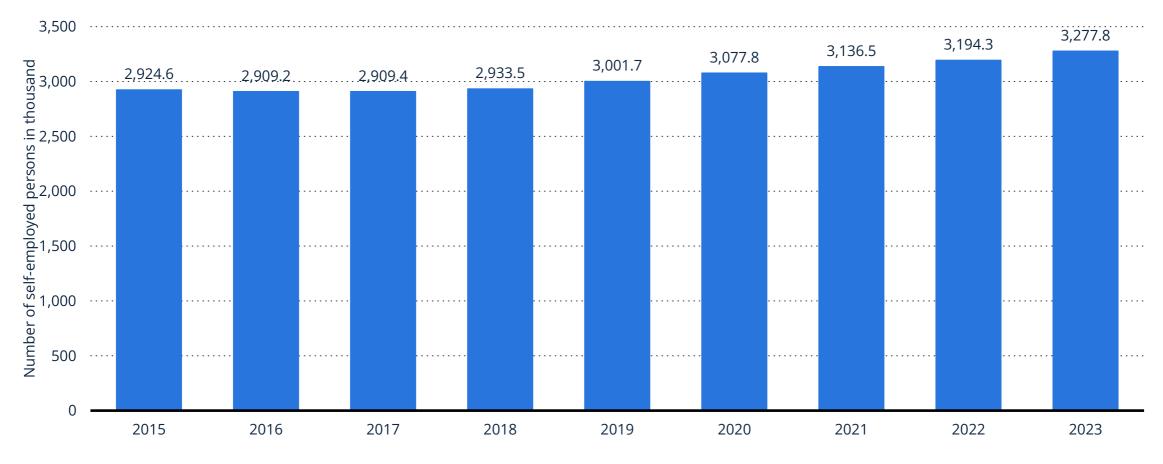
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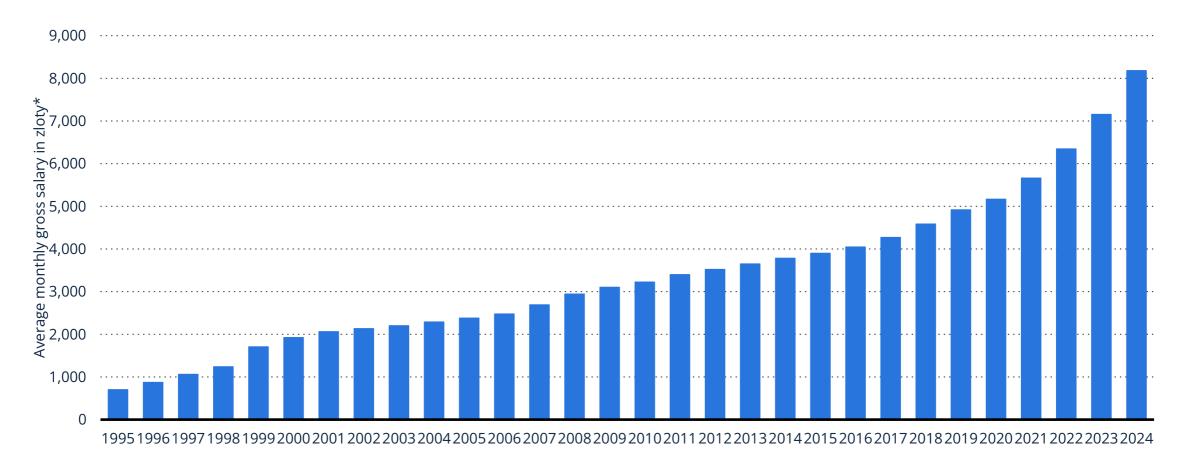
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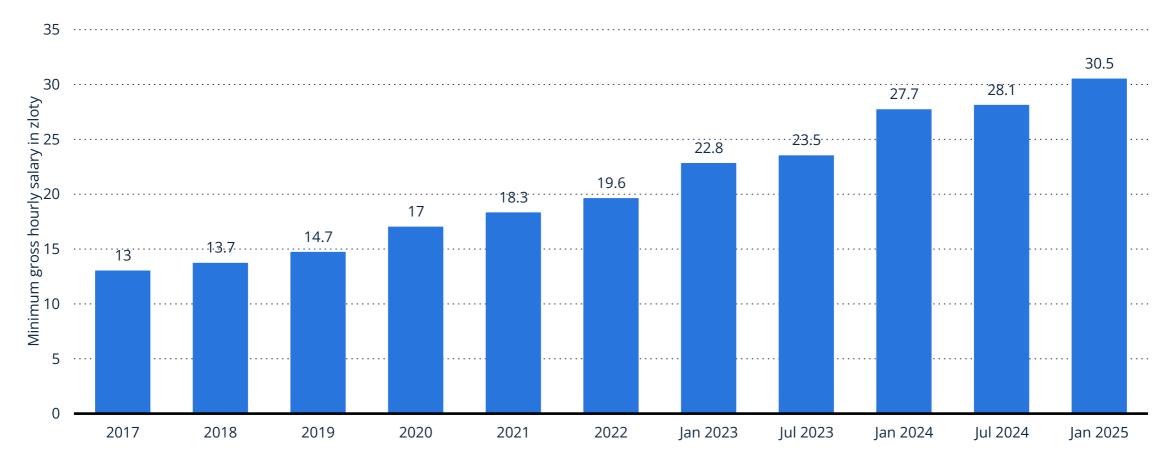
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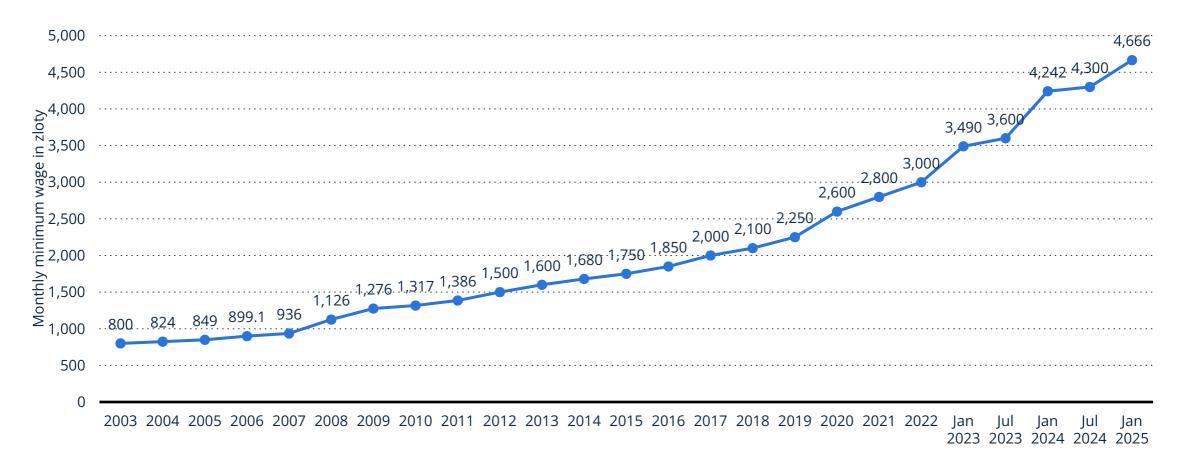




Source(s): Business Insider; Ministerstwo Rodziny, Pracy i Polityki Społecznej

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Monthly gross minimum wage in Poland 2003-2025



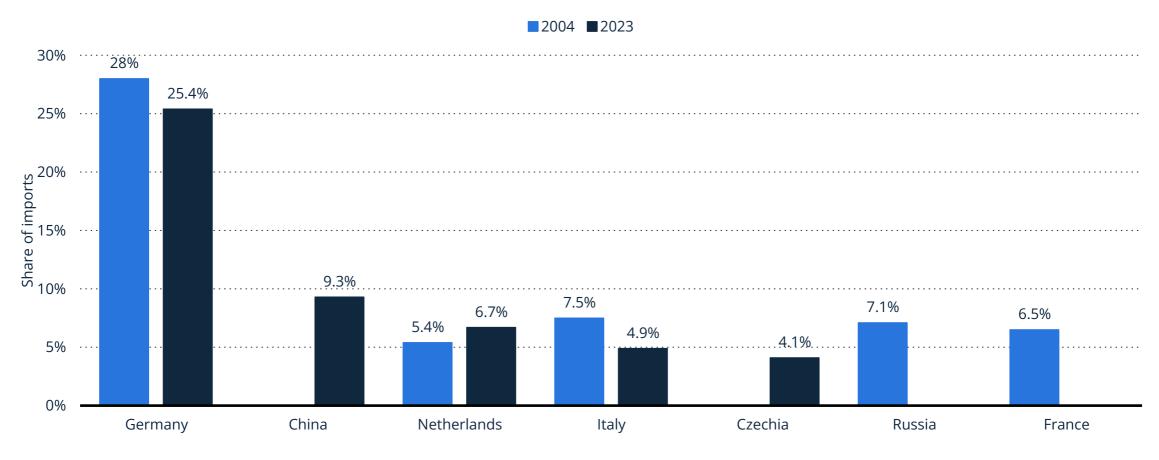


**CHAPTER 06** 

### Trade

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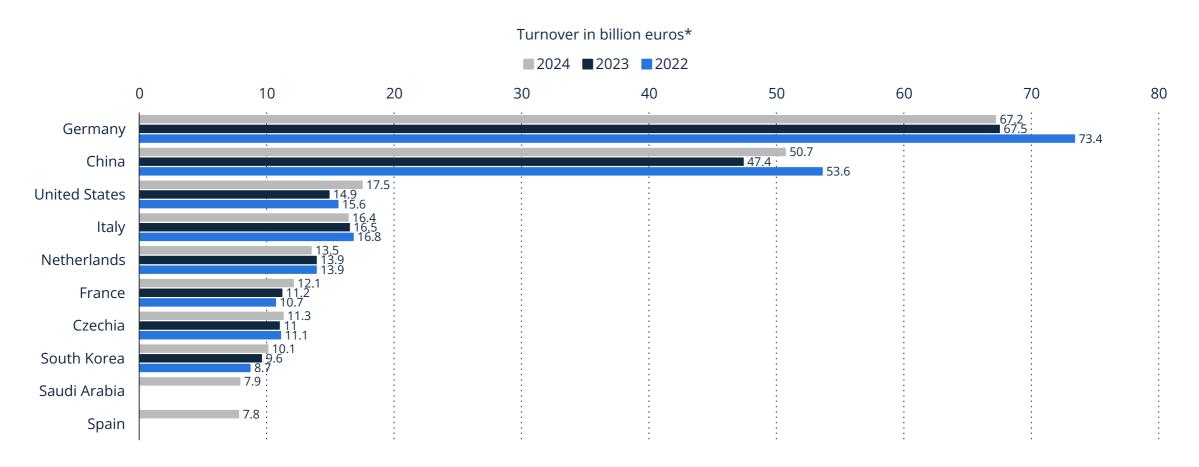
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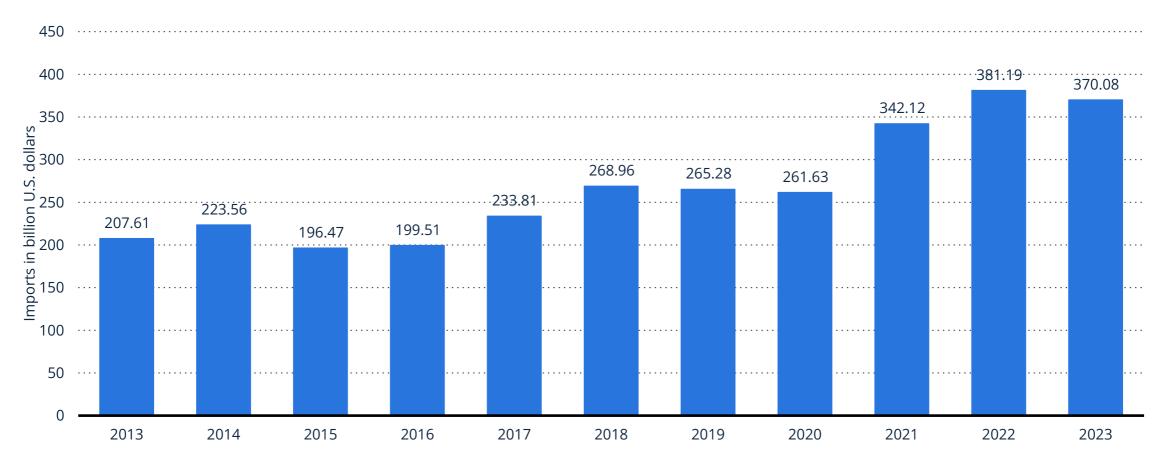
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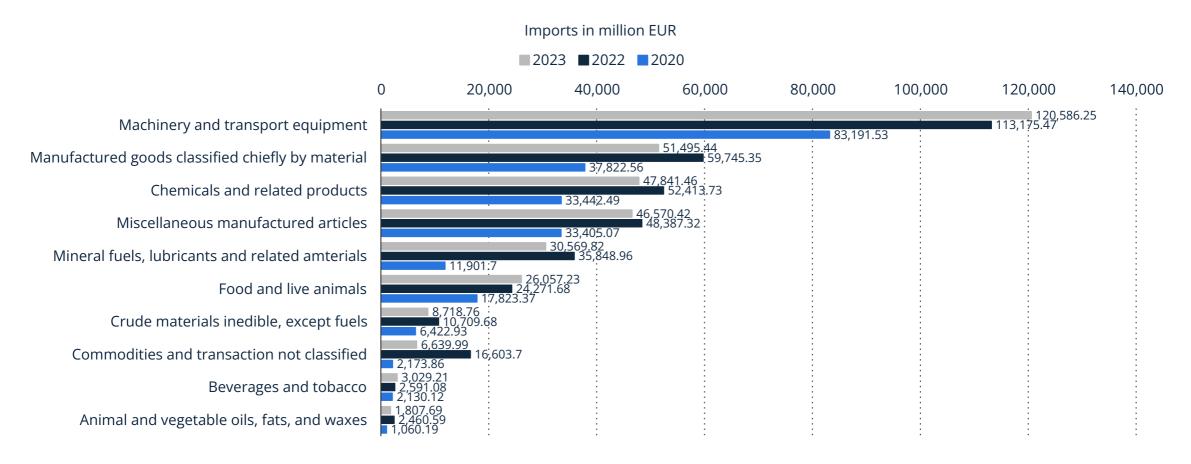
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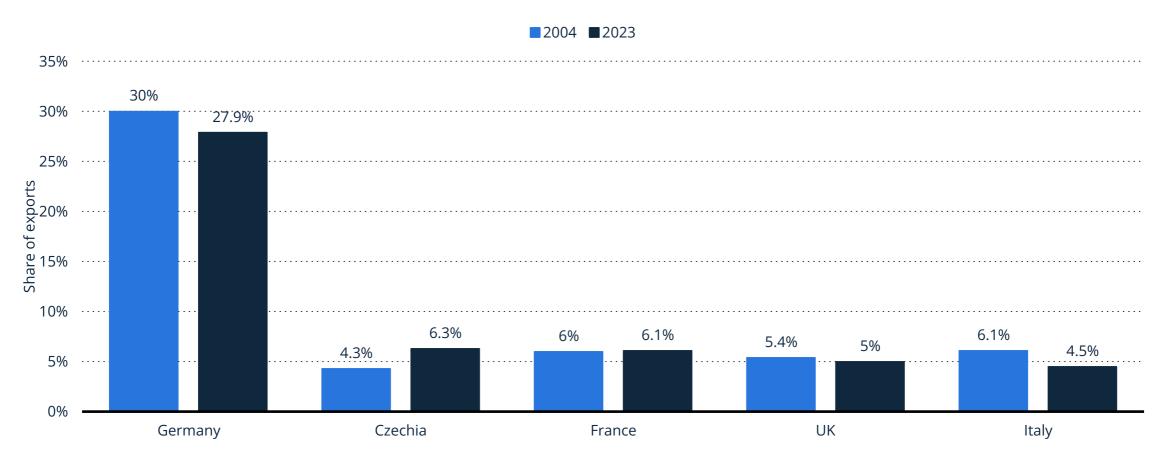
Import value in Poland 2020-2023, by commodity group





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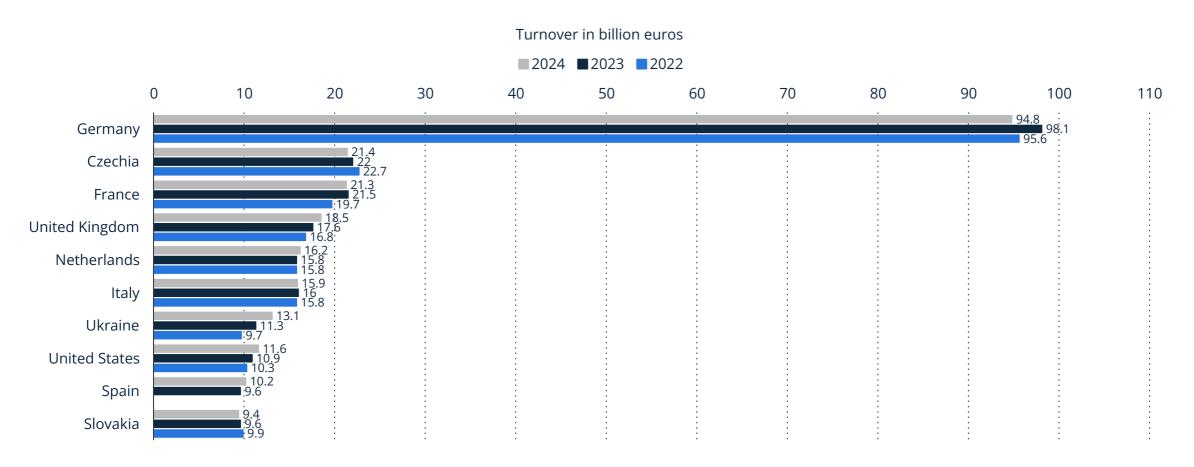
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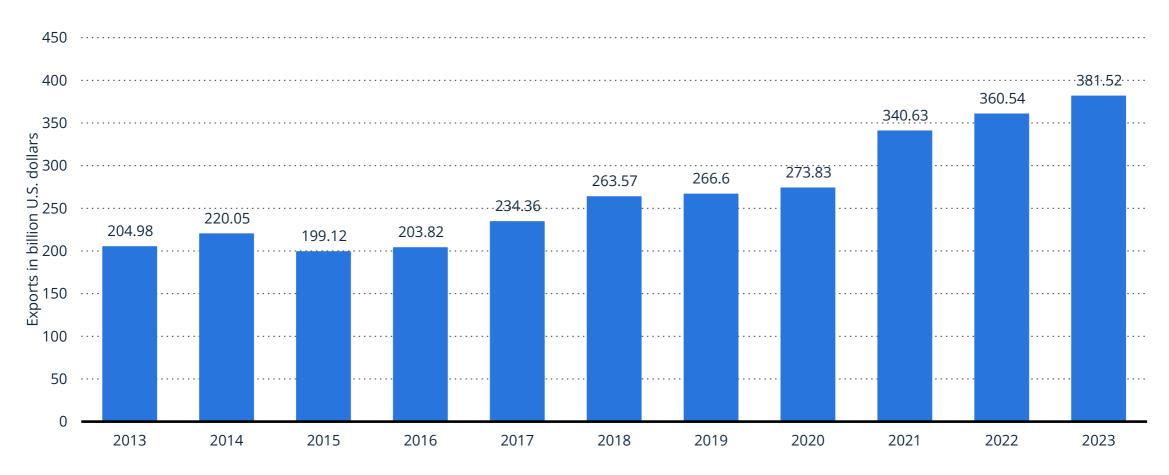
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#### Poland: Export of goods from 2013 to 2023 (in billion U.S. dollars)

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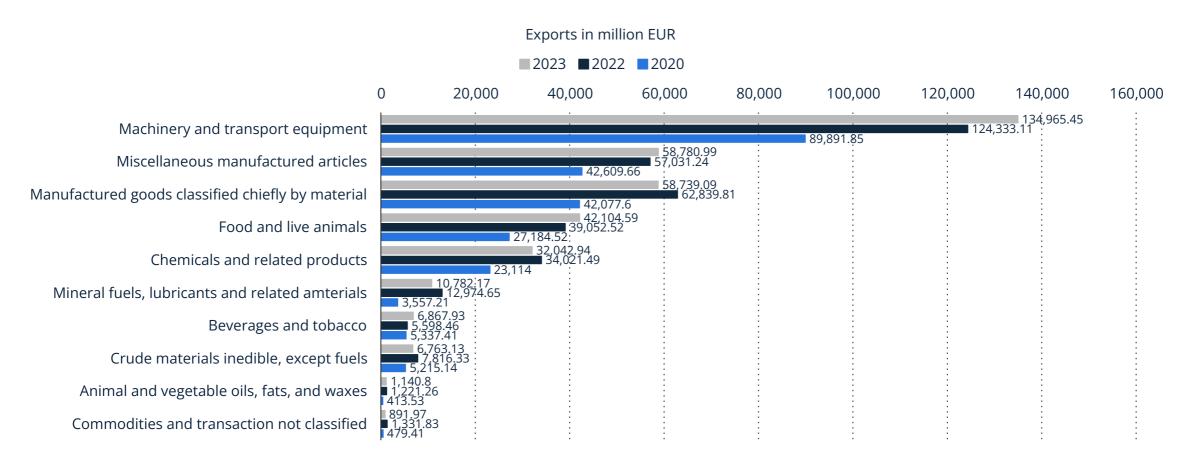




Source(s): WTO

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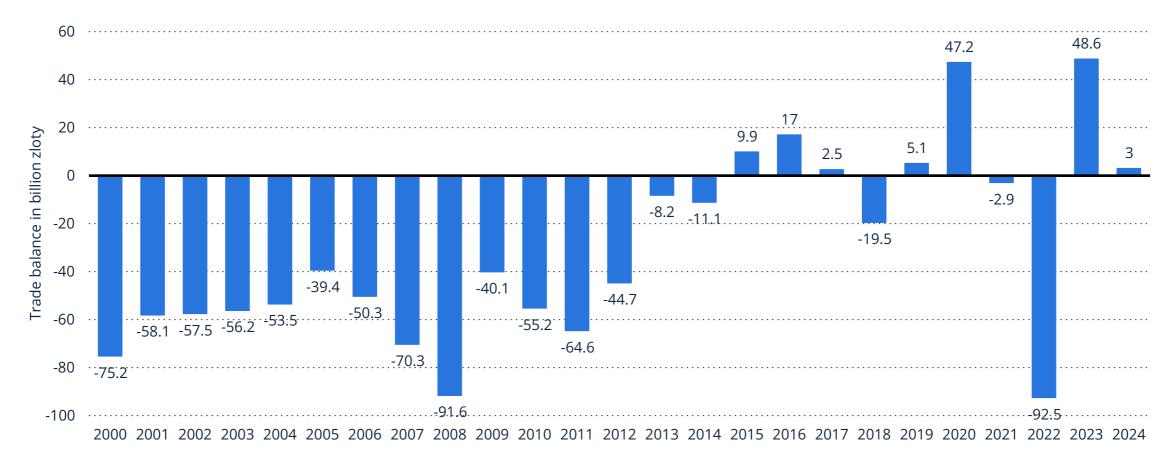
Export value in Poland 2020-2022, by commodity group





#### Foreign trade goods balance in Poland from 2000 to 2024 (in billion zloty)

Foreign trade goods balance in Poland 2000-2024





#### Sources

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